HOSTING A MCKENZIE MDT COURSE

THE McKENZIE INSTITUTE® CANADA

The McKenzie Institute is committed to the highest standard of education providing the therapeutic community with the best preparation in the application of McKenzie MDT principles through our Program of Certification. In order to provide the post-graduate education service in targeted geographic locations nationwide that are time, travel and cost efficient, we require the assistance of local area clinics, hospitals and universities, to provide the institute with access to their facilities to hold its courses. To provide the ultimate learning environment for the health professionals attending our courses, each McKenzie Method course needs access to both physio tables and legitimate patients. Legitimate patients are a critical component of every course as it provides attending clinicians to observe the benefits of the approach firsthand.

We truly appreciate the support of the universities, hospitals and private clinics that sponsor McKenzie MDT courses, and we are extremely grateful to those who do so repeatedly. Without their assistance and willingness to host, MDT training would not be readily available to many clinicians across Canada.

The main hosting duties would involve:

1) Providing the clinic/venue for the course, along with access to 5 to 7 treatment tables for the practical sessions.
2) The clinic space should have the ability to comfortably sit a minimum of 16 – 18 course participants.
3) Recruitment and management of 3 or 4 legitimate patients that are displaying symptoms just prior to the course, for a complimentary assessment, treatment and follow-up, by the instructor. Someone from the clinic, normally a clinician that is attending the course should act as patient coordinator during the course.
4) If the clinic is typically closed on the weekend, then ensure a staff member is available to open/close the clinic. The staff member is typically someone attending the course.

Notes:

1. Patient guidelines will be provided to the hosting clinic once the course is confirmed.
2. The clinic does not have to provide refreshments for the attendees.

HOSTING CLINIC BENEFITS:

Hosting facilities are offered the option of selecting 1 (one) of the following benefit options when they agree to host a course. MICanada's Eligibility Policy applies to all free places.

Option 1:

- One (1) free place ($795.00 value) for an eligible staff member, plus a complimentary A PLUS Plan providing savings on a future Part B or C course and access to free online workshops. In addition, we will provide a further $200.00 discount off the course fee, along with a complimentary A PLUS Plan for any additional staff members attending the course. It is possible to split the value of the free place over multiple staff members if you prefer to share the value of the free place with all staff attending.

Option 2:

- Payment of a facility rental fee of $400.00 per live course day. This option still requires a clinic staff member to be responsible for recruiting and managing the patient required for the course.

MDT: ADDITIONAL HOSTING BENEFITS:

1. The course provides clinicians in your local area with the opportunity to learn an evidence-based approach that is globally recognized as a leading assessment, classification and treatment system for spine and extremity disorders.
2. The course helps clinicians enhance their clinical reasoning capabilities, classify accurately, and treat efficiently and effectively. MDT is a comprehensive diagnostic system that yields reliable outcomes.
3. Provides patients in your area with access to clinicians that are appropriately trained in the McKenzie MDT approach.

COURSE SCHEDULE:

The course is a combination of lecture, practical and patient demonstrations. The order of topics (especially practical workshops) can be changed to accommodate patient appointments or availability to treatment tables. If we have access to an education room or a boardroom, we can start the course with lecture and patient demonstrations, leaving the practical for later in the day after the clinic's regular operating hours.

TYPICAL COURSE SCHEDULE: 2 SESSIONS ONLINE / 2 SESSIONS(DAYS) IN CLINIC

DATE	DAY	SESSION	Component	SESSION START	SESSION END
		Session 1	Online Component	Approximately 7 hours to complete	The student will complete on their own, at their own pace
	TUE or WED	**Session 2**	**Live Online Session**	**4.00PM**	**8.30PM**
	SAT	**Session 3**	In-person Clinic Learning	8.00AM	5.30PM
	SUN	**Session 4**	In-person Clinic Learning	8.00AM	5.00PM

Note: Session 2 could also take place from 8am until 1.00pm on a Saturday or Sunday morning.

HOSTING CLINIC CONSIDERATIONS:

COST TO HOST THE COURSE:

The Robin McKenzie Institute Canada (MIC) will be responsible for all costs associated with the setting up and running of the course. In exchange for the agreed upon compensation outlined on page 1, the hosting clinic will provide the McKenzie Institute Canada the use of the facility for the required amount of time needed to hold the course. The McKenzie Institute Canada is responsible for advertising and promoting the course. If we don't achieve the minimum number of registrants required by 4 weeks prior to the course date, we will consult with the hosting clinic and the instructor about postponing the course to another date that may have greater appeal.

MINIMUM / MAXIMUM NUMBERS:

In most instances we require a minimum of 14 paying attendees to make the course viable. The maximum number is typically 20-21 registrants, but that number can increase slightly if the clinic has the capacity to comfortably accommodate more attendees. .

HOSPITAL/CLINIC ENVIRONMENT:

All McKenzie Method Courses combine both lecture and practical components therefore it is possible to utilize either one large physio lab/gym or a combination of rooms in order to provide the right environment for the course**.**

CLINIC - MAIN LOGISTICAL CONSIDERATIONS:

- The clinic must provide a room large enough to host the minimum number of registrants in theatre-style seating, with space for a screen and patient demonstration in front of the seating.
- It is very important that there are enough chairs (not stools) to accommodate all the course participants during the lecture portion of the course.
- It would be nice but not necessary, if the attendees also had access to a flat writing service. If the clinic has space to use treatment tables as temporary desks that is ideal, if not, we can manage with just chairs in a theatre-style set-up.
- To ensure the best learning environment, it would be ideal if the treatment tables were accessible in a large open space. If the tables are normally in individual rooms, it would be ideal if they could be brought into a large open area for the practical sessions.
- If the hosting clinic does not have access to a large screen, a large blank wall may be used in lieu of a screen. If the instructor is not travelling by plane to the course location, then it is possible they could bring a screen for the course. The instructor will bring their own laptop and lcd projector.

For more information on hosting a course or if you wish to proceed with hosting a course, please contact:
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